



BC ASSOCIATION OF KINESIOLOGISTS
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**BCAK Association of Kinesiologists (BCAK)
Continuing Education Standards Program (CESP)**

- 1) The CESP is a mandatory program for all Practicing Members of the BCAK.
- 2) Agreeing to participate is a condition of membership and meeting the continuing education (CE) requirements of the program is a condition of membership renewal.
- 3) Practicing Members are required to accumulate a minimum of 20 CE credits acceptable to the BCAK each membership year (January 1 – December 31).
- 4) New Practicing Members who are granted Practicing Membership during the membership year are required to accumulate a pro-rated number of CE credits for their first year of membership.
- 5) CE courses taken prior to granting Practicing Membership in the BCAK cannot be used to meet the first year's CE requirements for new Practicing Members.
- 6) Practicing Members are provided with a CE credit (CEC) Tracking Form as part of their membership renewal package.
- 7) A completed CEC Tracking Form must be completed and returned as part of the requirements for membership renewal.
- 8) A list of credits by type of CE taken follows and is to be used by members to fill out their CEC Tracking Form.
- 9) The BCAK may audit members to ensure the requirements of the CESP are being met.
- 10) The Continuing Education committee will consider any written requests to evaluate extenuating circumstances.
- 11) Parental leave allowances provide for a one-year dormant period starting when parental leave begins at work. Proof must be submitted to the BCAK office at the beginning of the leave requested.

Last Revised March 2009

BC Association of Kinesiologists

Continuing Education Standards Program Credit Categories

1) Courses/Workshops/Seminars/Conferences (Max 20 credits / year)	Credit Allocation
a) Recognized Professional conferences (BCAK, NSCA, ACSM, ACE, CSEP, BCRPA, etc), BCAK Pro-D events & sponsored courses	1 hour = 1 credit
b) Courses/Workshops/Seminars relating to the field of Kinesiology	
c) Vocationally related courses (those not related to the science of Kinesiology) - includes business, management, computing, or other technical training.	1 hour = 0.5 credits
d) In-service related to Kinesiology	
e) First aid, AED/CPR,	3 credits per course
f) Upper or graduate level courses related to Kinesiology	1 University credit = 5 credits
g) Passing a certification exam related to Kinesiology (NSCA, ACSM, CSEP, ACE, etc)	5 credits per exam
h) Human Kinetics or other online education courses	1 hour = 1 credit (or as indicated)
2) Presenting/Teaching/Research (Max 15 credits / year)	Credit Allocation
a) Media presentations promoting Kinesiology Presenting at Conferences and seminars Presenting research to prof./academic group Teaching or developing courses/workshops	1 hour of preparation = 1 credit and/or 1 hour of presentation = 1 credit
b) Defending a thesis or published work in a Journal	10 credits
3) Services to Profession (Max 10 credits / year)	Credit Allocation
a) Publish article in Kinnected Research journal article reviews and course reviews	Each article or review = 3 credits
b) Training or mentoring of Kinesiology students	1 hour = 1 credit
c) Kinesiology related volunteer work in the community	1 hour = 0.5 credits
4) BCAK Participation (Max 15 credits / year)	Credit Allocation
a) President	10 credits
b) Other Officer	7 credits
c) Director	5 credits
d) Committee chair or member	
e) AGM or GM attendance	5 credits per meeting
f) Manning the BCAK booth at trade shows or conferences	5 credits per event/day

Practicing members require a minimum of 20 credits per calendar year
The CESP Tracking Form must be submitted annually with your membership renewal application

Please note the maximum number of credits accepted in each category